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Certificate of Need -- A Policy Shift in Connecticut

CON Reform and Health Care Reform

Connecticut has passed legislation to reform the Certificate of Need (CON) process to be more responsive to the future changes in the health care delivery system. Federal health care reform contemplates moving from a "volume-driven" system to a patient-centered system. Under current law, Connecticut's CON process requires "need" to be demonstrated for nearly all new services, sites and equipment. The key element of demonstrating "need" is to rely on theories of supply and demand and present to the state projections of volumes that will result in a feasible project plan. As reimbursement and patients' insurance coverage begin to shift in response to health care reform efforts, the CON process becomes misaligned as it relies on volume-driven behavior and not value-driven outcomes.

Comparison of New and Existing CON Law

Major policy shifts of the new CON law include the elimination of all capital expenditure thresholds, the removal of the "additional function or service" requirement and the elimination of CONs for "termination of services." These three reforms combined will reduce the number of applications by at least 50%. Significant change will also occur within the application process itself, leading to a more expedited review. Currently, there is a 60-day Letter of Intent (LOI) phase during which time the application cannot be accepted – under the new law this LOI phase has been removed. The statutory language has been simplified, as it includes a list of those actions that require CON authorization and those that do not require CON authorization. The definition of a health care facility for purposes of CON has become more narrowed in focus to only include: hospitals, freestanding emergency departments, ambulatory surgery centers, mental health facilities, substance abuse facilities and central service facilities.

Below is the list that outlines those actions that **do** require CON authorization:

- Establishment of a new health care facility
- Transfer of ownership of a health care facility
- Increase licensed bed capacity
- Establishment of a freestanding emergency department
- Termination of hospital inpatient or outpatient mental health & substance abuse services
- Termination of an emergency department
- Establishment of an Ambulatory Surgery Center (hospital or physician owned)
- Increase in number of Ambulatory Surgery Center operating rooms (2 or more within 3 years)
- Establishment of inpatient or outpatient cardiac services
- Acquisition of a CT scanner, MRI scanner, PET or PET/CT scanner
- Acquisition of a non-hospital based linear accelerator
- Acquisition of equipment utilizing technology not previously used in state

The table below outlines the facilities and services that will **not** be required to seek CON authorization and a comparison to current law:

rate practice offices ility operated by religious group that relies on prayer idential care, nursing and rest homes isted living agency ne health agencies	Same Same Same Same Same Same Same
ility operated by religious group that relies on prayer sidential care, nursing and rest homes isted living agency ne health agencies	Same Same Same
sidential care, nursing and rest homes isted living agency ne health agencies	Same Same
isted living agency ne health agencies	Same
isted living agency ne health agencies	Same
	Same
	•
patient chronic dialysis services	Same
e clinics	Same
ool-based, community health and FQHCs	Same
ility operated by educational institution exclusively for dents, faculty and staff	Same
	Same
placement of existing imaging equipment (MRI, CT,	Same, except must apply for waiver
	Not Exempt
mination of inpatient or outpatient services offered by a pital excluding mental health and substance abuse.	Not Exempt
ablishment or expansion of a hospital inpatient or patient service other than cardiac services.	Not Exempt
	Not Exempt
mination of services that DPH requested relinquish of nse	Not Exempt
ocation with certain conditions	Relocation within same town does not require CON approval
	Not Exempt
patient rehabilitation facilities	Not Exempt
nsplant services	Not Exempt
	Same, except must register with OHCA
	Same, except must apply for exemption
patient clinics	Not Exempt

Throughout the years, the statutes have been modified to "exempt" or "waive" specific providers or services from the CON application process which has created a subset of different forms and processes. In addition, facilities that were considered "exempt" from the process still had to "register" with the Office of Health Care Access (OHCA) by submitting specific information. Although these legislative remedies have proven to be reasonable short-term strategies, effective on October 1, 2010, it will no longer be necessary to submit paperwork for an exemption, waiver or to register. However, if there are questions or uncertainty as to whether or not a CON is required, a letter of Determination may continue to be submitted.

During the transition period, OHCA will work closely with the industry as regulations are drafted and process changes are implemented. As more information becomes available, it will be posted on the web site www.ct.gov/ohca.